



## Final Details: Hodgson Brothers Mountain Relay Sun 1<sup>st</sup> October 2023

### What do I need to do?

- If you want to change the category of a team this must be done by **midnight Tuesday 26th September** - but please remember that you can't enter more than one team in any single category. For category changes e-mail us at [hodgsonrelay@gmail.com](mailto:hodgsonrelay@gmail.com)
- Make sure you have added all your leg runners onto Si Entries - you have until **midnight Thursday 28th October** to make any changes.
- Read the **Race Rules** on <https://hbmr.org.uk/on-the-day/> and make sure your Team members are briefed accordingly. You should pay particular attention to the **Safety Equipment** that must be carried. Kit checks will be done at the end of each leg and rigorously enforced. Please note the Race Rule relating to the use of GPS as a navigation aid – **GPS is not allowed!**
- There is a cut-off at Hart Crag (Leg 4) of 14.10pm (or +1 hour on the Leg 4 mass start time if it is different to 13.10pm). This is for the safety of both runners and marshals. Also, a reminder to Leg 4 runners - there is a checkpoint at the footbridge after leaving Hartsop Hall – dib it or be disqualified!
- Visit the Registration Page at <https://hbmr.org.uk/registration/> and make sure your Team Captain has printed out and completed the **Registration Form**, we will not accept incomplete Registration Forms - individual details are required for each and every runner in the event of an emergency. The form must be handed in at the **Race Registration Tent** between 07.45 and 08.45am (at the latest) on Sun 1st Oct. This website page will also include the **Start List** from Thursday 28th September on which you will find your relevant Team Number. If there are any questions relating to this, please contact Sara Hodgson (details at the bottom of the mail).
- Organise your **Maps**. You can either use your own maps or buy copies of the special Hodgson Mountain Relay map which is a 1:40,000 Harvey's map and available at a price of £5.50 These are waterproof, fully marked with all the checkpoints and also have a suggested route highlighted on it. You can buy these in advance from Pete Bland Sports at this link here or they will have some on the day at the event [https://www.peteblandsports.co.uk/buy/harvey-hodgson-brothers-relay-race-map\\_5495.htm?sid=4423680](https://www.peteblandsports.co.uk/buy/harvey-hodgson-brothers-relay-race-map_5495.htm?sid=4423680)
- Please bring your own **Safety Pins**; we don't need to hand out another 2240 when everybody already has some anyway. There won't be any available on the day!!!

### Last minute information

Any important last-minute info will be sent out via a SPORTident e-mail direct to Team Captains and also posted on:

- The Event website page <http://hbmr.org.uk/on-the-day/>
- The Event Facebook page <https://www.facebook.com/hodgsonrelay/>

### Car Parking

Car Parking is free at the Start / Finish field. As ever parking remains under severe pressure, and you **MUST** follow the advice and instructions for each specific car parking location.

**Hartsop (for Legs 1-2 Changeover)** - car parking is free, and you will be directed where to park by the Marshals. Do not drive up to the sheep pens at the changeover point, we need the road and parking there free for Marshals and in case of an emergency.

**Kirkstone Pass (for Legs 2-3 Changeover)** - parking is only accessible with a car parking permit; these permits will be issued at Race Registration and will require car-sharing amongst all the teams you have entered. Under no circumstances should you try and park at Kirkstone without a permit.

**Sykeside Camp Site (for Legs 3-4 Changeover)** – parking is only accessible with a car parking permit; these permits will be issued at Race Registration and will require car-sharing amongst all the teams you have entered. Under no circumstances should you try and park at Sykeside without a permit.

### **Parking Permit Allocation**

- 1 Team – 1 permit Kirkstone & 1 permit for Sykeside
- 2 Teams – 1 permit for Kirkstone & 1 permit for Sykeside
- 3 Teams – 2 permits for Kirkstone & 2 permits for Sykeside

**NB** – Overnight camping is **not** allowed on the race field or carpark, either in camper vans or tents.

### **Patterdale School Refreshments**

The race is an important fixture in the year for Patterdale School and plays a big role in their annual fund-raising efforts. The school is located on the road where you turn off to Side Farm on Leg 1. As usual staff, ex-pupils and friends will be running a superb refreshment facility before, during and after the race to refresh your soul after your running efforts. Please support them by consuming their food & beverages!

The school is trying to eliminate the need for disposable cups; **please bring a re-usable cup** for your hot drinks and the team will fill them with steaming hot tea or coffee. Beer will also be on-sale ☺. Please note cash only for refreshments.

### **Are you struggling to get a full team together?**

One final request; if you are struggling to get a team together, please consider withdrawing your team and letting another Club run in your place; we have a list of Clubs wanting to run. Contact Sara at the soonest opportunity if this is the case.

### **Timings**

- Date – Sunday 1st October 2023
- Registration – 7:45 – 8:45am
- Start – 9:15am

**If you have any other questions, please contact:**

#### **For Entries:**

Sara Hodgson Tel 07837 700431 / E-mail [hodgsonrelay@gmail.com](mailto:hodgsonrelay@gmail.com)

#### **General Enquiries:**

Chris Hodgson Tel 07811 199125 / E-mail [info@chalet365.com](mailto:info@chalet365.com)

**Emergency Contact number on the day: 07811 199125 – please advise all team members that this number is printed on the reverse of their race number.**

Good luck and we'll see you on the morning of Sunday 1st, please remember **No Registration Form = No Race!!!!**

**Chris, Scoffer, Sara and Jon**