

Start List 2023

Team No.	Club	Category	Team No.	Club	Category
1	Ambleside AC	Open	36	Horsforth Fellandale Club	Mixed
2	Ambleside AC	Ladies	37	Howgill Harriers	Open
3	Ambleside AC	Vets 40	38	Howgill Harriers	Mixed
4	Barlick Fell Runners	Open	39	Hunters Bog Trotters	Open
5	Barlick Fell Runners	Ladies	40	Ilkley Harriers AC	Open
6	Bingley Harriers & AC	Open	41	Ilkley Harriers AC	Ladies
7	Black Combe Runners	Open	42	Keighley & Craven AC	Open
8	Black Combe Runners	Mixed	43	Keswick AC	Open
9	Borrowdale Fell Runners	Vets 40	44	Keswick AC	Ladies
10	Bowland Fell Runners	Open	45	Keswick AC	Vets 40
11	Calder Valley Fell Runners	Open	46	Lonsdale Fellrunners	Open
12	Calder Valley Fell Runners	Ladies	47	Macclesfield Harriers & AC	Open
13	Carnethy Hill Racing Club	open	48	North Shields Polytechnic Club	Open
14	Carnethy Hill Racing Club	Mixed	49	Northern Fells Running Club	Mixed
15	Chorley Athletic and Triathlon Club	Open	50	Northumberland Fell Runners	Open
16	Clayton-le-Moors Harriers	Open	51	Otley AC	Open
17	Clayton-le-Moors Harriers	Mixed	52	Penistone Footpath Runners	Open
18	Corstorphine AAC	Open	53	Pennine Fell Runners	Open
19	Cumberland Fell Runners	Open	54	Pennine Fell Runners	Ladies
20	Cumberland Fell Runners	Vets 40	55	Pennine Fell Runners	Vets 40
21	Cumberland Fell Runners	Mixed	56	Preston Harriers	Open
22	Dallam Running Club	Open	57	Pudsey & Bramley AC	Open
23	Dark Peak Fell Runners	Open	58	Pudsey & Bramley AC	Ladies
24	Dark Peak Fell Runners	Ladies	59	Pudsey & Bramley AC	Vets 40
25	Dark Peak Fell Runners	Vets 40	60	Rossendale Harriers & AC	Mixed
26	Durham Fell Runners	Open	61	Saltwell Harriers	Open
27	Eden Runners	Open	62	Settle Harriers	Open
28	Eden Runners	Mixed	63	Todmorden Harriers	Open
29	Ellenborough AC	Open	64	Totley AC	Open
30	Glossopdale Harriers	Mixed	65	Trawden Athletic Club	Open
31	Helm Hill Runners	Open	66	Tring RC	Open
32	Helm Hill Runners	Ladies	67	Westerlands Cross Country Club	Open
33	Helm Hill Runners	Mixed	68	Westerlands Cross Country Club	Ladies
34	Holmfirth Harriers AC	Open	69	Wharfedale Harriers	Open
35	Holmfirth Harriers AC	Mixed	70	Wharfedale Harriers	Ladies
			100	Team Hodgson	Open